

Equine Acupressure Level One Course

Diana Thompson, Instructor

Note: The 2017 version of the Level One class will be limited to 12 students who qualify for the class by 1) reading Chapter One of the Course Manual 2) taking three quizzes on the Chapter One Material and earning a score of 75 % or higher and 3) providing proof of basic horse handling skills. These requirements are explained on page six and seven of this flier.

Course Dates and Format: Class will be held on Saturday, Sunday, and Monday, May 13, 14, and 15, and Friday, Saturday, and Sunday, May 19, 20, and 21, 2017. There will be three days of structured homework (and rest) spent out of class on Tuesday, Wednesday and Thursday, May 16, 17, and 18. Diana Thompson's Equine Acupressure Level One course is part of a two-course program.

Location: Diana Thompson's farm in Fulton, California, just north of Santa Rosa, California.

Content: During the Level One course, Diana Thompson provides students with a thorough, accurate foundation in equine acupressure and the Traditional Chinese Medicine (TCM) approach to health.

NOTE: Traditional Chinese Medicine, which includes acupressure, is not a substitute for Western medical care. If your horse has a medical issue, contact your veterinarian for advice and treatment.

The Level One Course includes:

- exercises to help the student feel qi energy; acupressure method instruction and daily practice on class horses
- instruction in the locations and uses of more than 120 equine acupressure points, twelve organ channels (meridians) and two extraordinary flows of energy
- acupressure point combinations and lifestyle management that supports the qi, essence and shen
- instruction in the use of the TCM herb known as moxa to support the qi, essence, and shen energy

According to Traditional Chinese Medicine, in order for a horse to have complete health of mind, body and spirit, he must have adequate amounts of three types of energy, known as the three treasures. These energies, are the jing (also called the essence), qi and shen. If the horse is missing the correct amount or function of any of these aspects of health she will most likely experience a lack of emotional balance and/or less than optimum physical health.

During the Level One class, students will learn how to apply acupressure to horses in order to strengthen the correct flows of qi, calm the Heart and shen, and support healthy essence. These methods are used to support horses of any age and discipline. According to TCM, when the three treasures are strong, the horse will have strength in the following areas of the body and mind:

- muscles, tendons, ligaments and joints
- lungs and other structures of the respiratory system; the heart and blood vessels of the cardiovascular system, overall immune function, the digestive system, the reproductive system, the urinary tract including kidneys and bladder, the skin and the sense organs such as the eyes, nose and ears
- clear thoughts and a calm nervous system so the horse is able to learn new tasks and stay grounded and healthy in stressful situations

Level One Course Homework Details: Students will have one to two hours of homework to complete after each day in class and homework to complete during the 3-day study/rest break from class May 16, 17, and 18.

Level One Course Externship Details: Diana provides a 4-part guided externship course of study for students to complete following the course. The contents of Sections 1, 2, and 3, and grading of these sections are included at no charge to the student who has attended the in-class days of the Equine Acupressure Level One course as long as the student turns in the completed materials within 6 months of finishing the in-class days. Once the Level One student has completed Sections 1, 2, and 3, of the Externship and earned an 80 % score or higher, they are eligible to work privately with Diana on **Section 4: Acupressure Field Work with One Horse** at a cost of \$80.00.

Level One Course Materials

During the course, students will work with the materials listed on this page. **Note:** A printed version of the 550-page Text Manual and a Workbook of Study materials are provided with payment of the class tuition. These items are described in 1) and 2) below. The book *Acupressure Point Charts for Horses* and the laminated chart *Emergency Acupressure Points for Horses* must be purchased separately by the student. They are described in 3) and 4) below.

1) *Acupressure for Horses Course Manual*, Diana Thompson, Author, 550 pages

Note: Chapter One of this manual is now available as an E-book. As explained above, the Level One students receive a printed copy of the entire manual, including Chapter One, on the first day of class. In this manual, Diana explains Traditional Chinese Medicine (TCM) theory and vocabulary and gives information on each of the 12 organ channels (meridians) and two of the extraordinary vessels. The material explains the patterns of health and disharmony related to each energy channel. It includes detailed information on TCM functions of each of 128 equine acupressure points, how each point is used to improve health and address problems, and how to combine each point with other points in combination to bring about the best acupressure result.

2) Workbook of Study Materials

A binder of additional handouts, such as function charts, point charts, anatomy drawings, and study assignments.

3) The 272-Page Book

Acupressure Point Charts for Horses, An Illustrated Guide to 128 Point Locations and Uses

Diana Thompson, author ISBN #978 0-9816741-0-0 This book details the locations and uses of 14 energy channels and 128 equine acupressure points. It includes more than 400 photographs and 100 illustrations. See sample pages from the book on Diana's website: www.dianathompson.com Purchase the book online (www.dianathompson.com) or by calling Diana's office (707) 542-4646.

4) The Six-Page Color Laminated Chart: *Emergency Acupressure Points for Horses*

Diana Thompson, author ISBN #978-0-9816741-1-7 The chart includes six 8 ½" by 11 inch pages of life-saving information. Photos show the points used to help a horse during colic, cardiac arrest, injury, heat stroke, respiratory infection, and fever. The pages include a chart of the horse's vital signs and a lesson in how to apply acupressure. View and purchase the chart online at www.dianathompson.com or by calling Diana's office at (707) 542-4646.

Equine Acupressure Level One Course Registration Details When the Course is Held at Diana Thompson's Equine Facility in Fulton, California

Tuition for Six-Day Level One Course and Guided Externship - Fulton, California, Location

\$985.00 tuition includes six days of on-site instruction, Diana's 550-page text manual, a workbook of study materials, home-study assignments and Parts One through Three of the guided, graded externship. Prior to the course students will need to purchase Diana's 272-page chart book and 6-page color laminated chart. The book is titled:

Acupressure Point Charts for Horses, An Illustrated Guide to 128 Point Locations and Uses. The laminated chart is ***Emergency Acupressure Points for Horses.*** A description of these materials is on page two of this flier.

Tuition Payment Plan*

A registration fee of \$335.00 (three hundred thirty-five dollars) is necessary to reserve a place in the class.

Note: \$75.00 (seventy-five dollars) of this \$335.00 registration fee is a non-refundable, non-transferable deposit. If you give notice of cancellation at least three weeks prior to the first day of class, \$260.00 of the \$335.00 registration fee will be refunded to you.

The remaining balance of \$650.00 (six hundred fifty dollars) is due in full prior to the beginning of class.

***A tuition discount of \$50.00** is given to students who register for class by April 5, 2017.

Returning Student Tuition Discount for the Level One Course - Fulton, California Location

For students who have taken only the Level One class with Diana Thompson, the returning student tuition is \$450.00 plus the cost of the current materials. If there is room in the class, students who have taken both the Level One and Level Two classes may retake either course at no charge except for the cost of the current materials (contact Diana to confirm availability).

Space is limited. Paid registration guarantees your participation in the course.

Questions? Call Diana at (707) 542-4646 or e-mail her at info@dianathompson.com

To register, see the registration form on page 4.

Other Details:

- ❖ **Location:** Diana Thompson's Hands-On Horse Care® facility, 2290 Woolsey Road, Fulton, California 95439
The facility includes an indoor classroom with heating and air conditioning, covered riding arena, teaching barn with 24 foot-wide aisle way, extra large stalls with turnouts.
- ❖ **Class Hours:** 9 am to 4 pm each day.
- ❖ **A map and what to bring list** will be sent out to students prior to the first class.
- ❖ **Video cameras, tape recorders and cameras are not** allowed during group programs.
- ❖ **Want to Bring Your Horse?** See the horse information questionnaire.

Register for the Level One Course in one of the following three ways:

ONLINE: You can register online in the Store section of Diana's website: www.dianathompson.com

BY MAIL: Fill out this form and mail it with your check (payable to Diana Thompson) to: Diana Thompson, 2290 Woolsey Road, Fulton, California 95439

BY TELEPHONE: Call Diana's office at Phone (707) 542-4646 to register for the class. Payment of the registration fee will be made through a PayPal Invoice that will be sent to your e-mail address.

Questions? Call Diana at (707) 542-4646 or e-mail her at: info@dianathompson.com

===== Registration Form for Mail-In Registration -- Please Print Clearly =====

Equine Acupressure Level One Six-Day Level One Course dates:

Saturday, Sunday, Monday, May 13, 14, and 15, 2017, and Friday, Saturday, Sunday, May 19, 20, and 21, 2017.

Today's Date: _____ Signature: _____

Printed Name of Participant: _____

Mailing Address: _____

City, State, Zip: _____

Phone Number(s): _____

E-mail Address: _____

Amount of Payment By check included with this form: _____

Payment can also be made through PayPal invoicing. Contact Diana for details.

Horse Information Questionnaire -- Equine Acupressure Level One Course

If you want to bring your horse to class, complete this horse information questionnaire and mail or e-mail it with your course registration form to Diana Thompson.

Diana will assess the horse's situation and let you know if the horse is approved to come to class.

Mailing address: Diana Thompson, 2290 Woolsey Road, Fulton, California 95439.

E-mail: info@dianathompson.com

Office phone number: (707) 542-4646

Note: The horse must be safe to handle and touch by other students with Diana's supervision (Unless the horse has problems in this area and is specifically approved by Diana). The horse owner needs to bring the horse's hay, grain and water bucket. The owner is responsible for cleaning the horse's stall/ paddock during the class and before the horse leaves. The owner is responsible for exercising the horse during class.

Horse Owner: _____ Phone: _____

Horse's name: _____ Breed/sex: _____ Age: _____

What are the horse's physical problems, emotional issues or health problems?

Is this horse comfortable and safe with you and other people touching its body?

If no, please explain?

Is this horse quiet in new surroundings or is he or she nervous, fearful, biting, kicking, spooking or otherwise hard to handle when at home or away from home?

Has this horse trailered away from home on a regular basis?

The stalls at Diana's facility are large (12 feet by 14 feet) with full-time access to an outside paddock. Will your horse be comfortable staying in this type of stall-paddock situation next to another horse?

Pre-course Qualifying Requirements for the May, 2017, Equine Acupressure Level One Course taught by Diana Thompson

In order to qualify to attend the Equine Acupressure Level One Course scheduled to begin on Saturday, May 13, 2017, you must complete the following three steps. If you have any questions about the requirements call Diana at her office Phone # (707) 542-4646 or e-mail her at: info@dianathompson.com

Step One: Purchase and Complete the E-Book Reading Assignment

The reading assignment is an E-Book that's available for purchase on Amazon.com for \$7.99. It contains Chapter One of the 550-page text manual that students receive on the first day of the Equine Acupressure Level One course. When Chapter One is printed in its paper format, the text and charts fill almost 60 pages that are 8 ½ by 11 inches in size. The E-book title is: ***Acupressure for Horses Course Manual, Chapter One: Traditional Chinese Medicine Concepts and Language***. You can see the extensive Table of Contents list for Chapter One on pages 7-9 of this flier. You can also download a free sample of the E-book from Amazon.com to preview the contents.

Reading Chapter One gives you the opportunity to take a look at the quality and in-depth nature of the information Diana Thompson will be presenting during the Equine Acupressure Level One course. It will also give you examples of the many issues in horses that acupressure can address when it's applied with the depth of knowledge provided by Traditional Chinese Medicine. The definitions, charts and real-horse examples in Chapter One explain many of the core concepts of Traditional Chinese Medicine (TCM) as it applies to acupressure for horses. It also provides an extensive glossary of the words and phrases frequently used in TCM to describe the actions of acupressure points.

Step Two: Purchase the Level One Pre-Course Quiz Package of Three Quizzes and Send in Your Quiz Question Answers for Grading by April 25, 2017.

The three quizzes were created to guide you through the Chapter One reading assignment and prepare you for the Level One course. They are made up of multiple choice and True-False questions. You will need to purchase the Pre-course Quiz Package for the Acupressure Level One class in the store section of Diana's website: www.dianathompson.com The cost is \$5.00. When you make this purchase, you will be e-mailed the Terms of Use for the quiz materials. Once you agree to the Terms of Use, you will be e-mailed three quizzes and the Horse-Experience Questionnaire described in Step Three.

As you read through Chapter One, answer the questions in the three quizzes and e-mail or mail the answers to Diana for grading by April 25, 2017. In order to qualify to take the Equine Acupressure Level One course, you must pass the three quizzes with a score of 75 % or higher.

Step Three: Complete the Horse-Experience Questionnaire by April 25, 2017

The Pre-Course Quiz package described in Step Two contains a Horse Experience Questionnaire. In order to qualify to attend the Equine Acupressure Level One course, you will need to fill out this questionnaire and e-mail or mail it back to Diana by April 25, 2017. This form will help her determine if you have the horse skills necessary for you to participate in this group course.

End - Pre-course Qualifying Requirements

E-Book Title: Acupressure for Horses Course Manual

Chapter One: Traditional Chinese Medicine Concepts and Language

by Diana Thompson

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