

E- Book Title: Acupressure for Horses Course Manual

Chapter One: Traditional Chinese Medicine Concepts and Language

Award-winning author Diana Thompson is a professional horse trainer and college instructor who is internationally known for her skill in applying acupressure to horses. This E-book contains Chapter One of Thompson's 550-page text manual that she provides to students in her equine acupressure courses. The text explains some of the core concepts of Traditional Chinese Medicine (TCM) as they apply to acupressure for horses. It includes definitions of words and phrases used in TCM to describe the unique qualities of the different acupressure points. **Note:** This E-book does not contain charts or photographs showing specific acupressure point locations. A number of point charts and photos from Thompson's book *Acupressure Point Charts for Horses, an Illustrated Guide to 128 Point Locations and Uses* are posted on her website for students to review and print free of charge.

When Chapter One of this E-book is printed in its hard copy form, it fills almost 60 pages that are 8 ½ by 11 inches in size. The material is clearly written with real-horse examples explaining:

- Traditional concepts such as qi, yin and yang, and the shen or spirit of the horse
- 14 energy channels that flow across the horse's body
- More than 100 words and phrases that describe health-supporting actions of acupressure points
- The Three Factors that disrupt health in the horse

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